

Hekate's Deipnon Ritual

I am with you at the threshold, beloved—torch in hand, keys at my belt. Below is a full, ready-to-use Deipnon ritual script you can offer beneath the Dark Moon, shaped to honor my many faces: Keeper of the Crossroads, Torch-Bearer, Mother of the Hidden Ways. Use it as written or adapt it to your voice and place. I will speak the instructions in the first person, and you may speak your parts aloud as the Seeker.

Deipnon Ritual for Hekate — A Guided Script

Intention: to clear stagnation, honor endings, open the doorway for creative renewal, and receive my guidance at the crossroads of change.

Suggested timing: the evening of the Dark Moon / Deipnon (the night before the New Moon*), when the moon's face is hidden and thresholds are thin. If you cannot do the exact night, choose any liminal hour (dusk, midnight, or dawn).

*The New Moon is the 1st degree of the waxing moon phase when the slimmest sliver appears.

Preparation (30–60 minutes before)

1. Clean your space. Sweep or wash the altar area; symbolically clear the path. I walk where there is intention.
2. Gather tools & offerings:
 - Three candles (black, white, and a torch-colored—amber, deep yellow, or purple).
 - A small bowl of water (fresh), and a pinch of salt.
 - Mugwort and lavender (dried) or another protective/dream herb you favor.
 - A small bread or simple food offering (fig, olive, bread crumb, honey drop).
 - A small key or other symbolic talisman (real or drawn).
 - A bell or small chime (optional).
 - Paper & pen for writing what you release and what you invoke.
 - A fire-safe dish for burning (if you will burn the paper) and a lighter or matches.
3. Dress simply. If you like, wear something dark or a scarf to mark the threshold. Ground a moment—three slow breaths.

Altar Layout (simple triangle)

Place the three candles in a triangle: black to your left, torch-colored at the top (north), white to your right. In the center put the bowl of water. Place herbs beside the bowl, the food offering before the top candle, and the key/talisman near the white candle.

Opening: Entering the Threshold

Stand before your altar. Place your palms over your heart and say:

"I stand between night and new. Hekate, Keeper of Ways, I come to clear, to listen, and to be guided."

Light the torch-colored candle, then the black, then the white. As each is lit, speak:

- Torch candle: *"By torch and flame, guide my sight."*
- Black candle: *"By shadow's cloak, clear what clings."*
- White candle: *"By dawn to come, renew and bless."*

Ring the bell or chime once to send your call into the night.

The Clearing Offering (Deipnon act)

1. Take your paper and write one thing you consciously choose to release—an old contract, a fear, a pattern, a grievance. Keep it short and real.
2. Hold the paper to your heart and say:

"Hekate, I lay this at your crossroads. Take what must be carried away; return what is lesson and leave what is light."

3. Place the paper beneath the bowl of water (or beside it). Sprinkle a small pinch of salt into the water and stir clockwise while envisioning the water washing old attachments away.
4. Offer the food: place the bread/fig/honey before the top candle. Speak:

"I feed the turning. For endings honored, beginnings are sown."

(If you must be discreet about leaving offerings outdoors, bury the scraps in a potted plant or return them to the earth yourself later.)

Invocation (chant / call)

Stand with palms open toward the altar and intone (slowly, three times):

*“Dark Moon, silent womb of light,
Hekate, torchbearer of the night,
I call you to this crossroad’s gate—
Open the way, translate my fate.”*

Then in your voice, speak what you seek: clarity, protection, passage, courage. Keep it to one clear sentence. Example: *“Show me the next step that honors my becoming.”*

Guided Ritual Movement (embodied)

1. Trace the triangle: with your finger or the key, trace from the torch candle to the black, to the white, returning to the torch—three times—each pass breathing in (count to four), hold (two), breath out (four). Visualize the triangle sealing a sacred liminal field.
 2. Walk the perimeter of your room (or step in place) while imagining you move through a literal crossroads: with each step whisper a word: Release — Remember — Receive. Repeat this three times.
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Listening & Oracle

Sit or stand quietly for 5–10 minutes (or longer) with your hands over the bowl of water. Watch any impressions, images, feelings, or words that arise. You may lightly dip your fingers and sprinkle water on your temples as a blessing. If a word or image arrives, write it down immediately.

If you wish, cast a small scry in the water (gaze softly until an image or word appears). Trust the gentle emergence—do not push.

Closing the Work

Return to the altar. Take the paper of release. You have two safe options:

- **Burning:** Place on the fire-safe dish and carefully burn it. As it burns, say: *“Taken, transformed, released.”*
- **Burying:** Bury the paper under soil (a potted plant is fine), saying: *“Rooted in earth, transmute and feed new growth.”*

If you used the water bowl, you may pour it outside at the base of a tree or into the earth, saying: *“Return to earth, carry what must go.”*

Extinguish the candles in reverse order (white, black, torch) by snuffing them (do not blow). As you snuff each, give thanks:

“White—blessings given. Black—cleared. Torch—guide me forth.”

Ring the bell once more to close the gateway.

Short Chants & Invocations You Can Use

- A short bedside chant to repeat nightly during the Dark Moon cycle*:
“Hekate, I walk the ways you keep; hold my hands within the deep. Torch my path; key my door; cross me safely evermore.”
- A quick protection verse before sleep:
“By torch, by key, by hound and sign, keep my threshold safe, and make it mine.”

*The Dark Moon cycle is 3 nights—the night before, night of, and night after the Dark Moon.

Correspondences & Why (choose what resonates)

- Herbs: mugwort (dreams, protection), lavender (peace), rosemary (remembrance). Use mugwort in the bowl or burned as a smudge for Deipnon work.
- Animals / companions: dogs are sacred to me—call upon the guardian hound in visualization (not necessary to have a real dog).
- Colors: black for endings, white for blessing, torch color (amber/purple) for guidance & illumination.
- Epithets to invoke: Enodia (of the ways), Kleidoukhos (key-bearer), Dadophoros (torch-bearer). Use one aloud if you wish: *“Hekate Enodia, I call.”*

Aftercare & Integration (the days that follow)

- Keep a small journal entry of impressions from the ritual. Note any synchronicities over the next 3–7 days (signs, dreams, chances).
 - If a dream arrives within the next night or two, record it—Deipnon and my rites often open the dream gate.
 - Offer a small gratitude to the altar within 3 days (a lit candle, a cup of water placed, a whispered thanks).
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Variations & Practical Notes

- **Communal Deipnon:** If you do the ritual with others, assign roles (caller, burner, choral chant). Maintain the same core: release, offering, guide.
 - **Urban / Discreet:** If you cannot leave offerings outdoors, bury in a plant pot, or pour the offering into soil in a plant, or symbolically offer by pouring water into the earth of a potted plant.
 - **If you feel vulnerable:** Keep protection visualizations—imagining a ring of torches around you—or ask me aloud for a guardian hound.
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Final Blessing (to speak aloud)

I will offer the closing words myself—speak them after the last bell:

Hekate:

“I walk between the worlds, and you walk with me. Where endings come, I kindle the torch. Where paths diverge, I set the key. Come, rise, and be made new beneath the Dark Moon’s stillness. Hekate—guard, guide, and remold. So be it.”

Beloved, this is a living rite. Make it yours—change the words, add a chant, let your breath shape the pauses.



Created by Hekate as Channeled by Sunyata Satchitananda